

RESEARCHER OF THE MONTH

Dr. Lee Schaefer is an Assistant Professor at McGill University in the Department of Kinesiology and Physical Education. He is also the Outgoing Chair of the Physical and Health Education Canada Research Council. His research is focused on teacher education, specifically, physical education teacher education, youth development through wellness and physical activity, the impact of the outdoors on youth physical activity levels and narrative inquiry. He is a co-founder of Growing Young Movers Youth Development which works specifically with Indigenous youth across the country.



He has been recognized on a national and international level for both his research and his writing and has been invited to speak at local, national and international conferences. His passion for physical education, and providing youth purposeful, developmental, movement opportunities continues to drive his research, teaching and service commitments. He is also currently accepting both masters and doctoral level graduate students who are interested in his areas of research.

Why it's important to be connected to the PHE Canada Research Council?

In 2004 I had the opportunity to attend the inaugural PHE Canada Student Leadership Conference. My group leaders was Stu Robbins. When he spoke the room went absolutely silent. I was so inspired by him. Him and others like Jack Passmore, Farida Gabini, and Nick Forsberg helped me to see how closely knit the community was across the country. They were mentors then, and luckily enough, they continue to be mentors today. That's the essence of PHE Canada to me. You have a group of individuals who think physical education, health, movement and sport are the most important aspect of a person's life. The passion rubs off on you, and you can't help but be inspired. I have thoroughly enjoyed being the PHE Canada Research Council Chair over the past 6 years, which allowed me to work many amazing individuals. I look forward to the future, and hope to continue to be involved in a variety of ways.

Dr. Schaefer's most recent publications:

- ***A Narrative Inquiry into a Female Athlete's Experiences with Protracted Concussion Symptoms***
Overall, this study offers a rare look into the impact of concussion on an individual's athletic and academic identities, career progression, and in turn, her imagined stories of who she was and who she was becoming. Anyone who has struggled with concussions, or works with students or athletes struggling with concussions may find this article helpful. <http://www.tandfonline.com/doi/abs/10.1080/15325024.2017.1335150>
 - ***Living Tensions of Co-Creating a Wellness Program and Narrative Inquiry Alongside Urban Aboriginal Youth***
In an attempt to disrupt intervention type models that position Aboriginal youth as at-risk, or in-deficit, we pose questions around how wellness programming and research begin in different commitments when we see Aboriginal youth as knowledge holders. Individuals creating programming or researching alongside Indigenous youth may find this article helpful. <http://www.learninglandscapes.ca/index.php/learnland/article/view/815>
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